

# ARAIYS NEWS

SPRING NEWSLETTER 2020



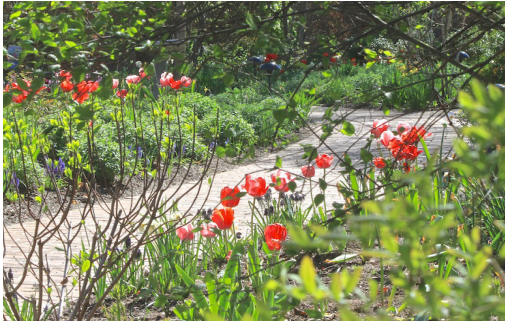
## PRESIDENTS MESSAGE

**Greetings To All,** We send our best wishes of health and well being to you and your loved ones. Thankfully Spring has not stopped for the Corona Virus and as we do our part by staying home to “flatten the curve” the landscape around us is bursting back to life. The practice of Landscape Architecture from its very inception was born out of a health crisis for people living in the inner city that did not have the means by which to access nature. In the midst of turbulent times, Central Park was born as a radical, democratic idea that provided access to nature for all citizens in the heart of Manhattan. The 843-acre “Greensward” designed by Fredrick Law Olmsted and Calvert Vaux was conceived as the “people’s park,” a place of respite, quiet, and an opportunity to bathe in the rhythm and cycles of the natural world. Olmsted founded the term “landscape architecture” while designing the park to create “a rural scenery that evoked a poetic mood lifting one out of everyday care and ennobling the spirit with intimations of the divine.” And thus, an entire profession was founded out of a deep societal need to transcend a crisis. The regenerative powers of nature serve to remind us now that we will rise to this challenge and re-emerge transformed with a deeper sense of health, family, community, and the importance of creating healthy ways to interact with the world that lies beyond our doorstep. May you find ways of engaging the natural world that lift you and imbue you with that “poetic mood,” whether it be in an expansive park, an intimate garden, or a simple planting in a window box. The opportunities abound and we are here to assist.

All the best to you.

Steven Nieroda, Associate

## Spring in the Garden of Hope at Southampton Hospital



## Spotlight: Organic Gardens

One way of interacting with the natural world is to grow a garden that provides your family sustenance and cut flowers to adorn the house. The act of gardening is a mental, physical, and spiritual exercise that can deepen a sense of place and reward the gardener with a healthy mind and body. It seems that in recent years, our clients have increasingly requested a little veggie garden be set aside for cultivation. We embrace this and have found that they become a favorite part of the landscape for adults and children alike. There is a wealth of information regarding organic agriculture and how to start a garden. Please check out the following links for information and inspiration:

**The Cornell Cooperative Extension:**

<http://ccesuffolk.org/gardening>

**The Rodale Institute:** <https://rodaleinstitute.org/>

**Elliot Coleman:** <http://fourseasonfarm.com/>



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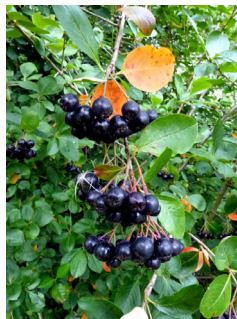
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## PLANTS OF THE SEASON

### Native Plants Of The Season



Common Name: Black Chokeberry  
Scientific Name: *Arbutifolia melanocarpa*

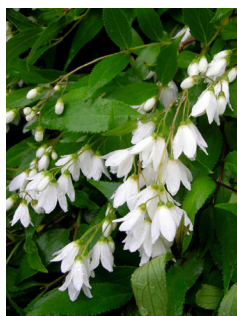
*Aronia melanocarpa* is commonly called Black Chokeberry. This name lends to its black tart fruit, in fall and winter, edible and utilized for jam and juice. It is a deciduous shrub growing 3 - 6' tall by 3 - 6' wide. *Aronia* is an open, upright, spreading shrub. It tolerates wet feet and is native to low woods, swamps, bogs and moist thickets. It grows in full sun to part shade. It has four season desirability. *Aronia melanocarpa* has striking burgundy fall foliage, 2 - 3" long leaves with fine-toothed margins. Song birds enjoy the berries in winter while the flowers attract butterflies and tolerate deer. It is used in masses, mixed borders, hedges and rain gardens.



Common Name: Wild Geranium  
Scientific Name: *Geranium maculatum*

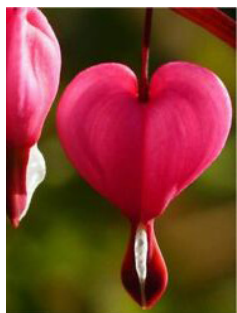
This is a native woodland perennial with a delicate lilac - lavender bloom. It is clump forming, growing 14 - 18" tall, blooming April - June pale pink to lilac blooms. It is a nectar source for spring emerging bumble bee queens. *Geranium maculatum* grows in sun to part shade, tolerates deer, rabbits and attracts butterflies. It prefers moist, humusy, well-drained soils. *Geranium maculatum* combines well with woodland plantings like ferns, anemones, and epimediums. It is utilized in borders, woodland gardens and groundcover masses.

### Ornamental Plants Of the Season



Common Name: Dwarf Nikko Deutzia  
Scientific Name: *Deutzia gracilis 'Nikko'*

Dwarf Nikko Deutzia is a deciduous shrub growing 1 - 2' tall by 2 - 5' wide. It flowers April to May tiny, white, bell-shaped blooms. White flowers in small, upright panicles cover the shrub. It is a dense, rounded shrub, broadly spreading to arching stems. Medium green leaves turn attractive burgundy in the fall. It grows in full sun to part shade in well-drained soils. The blooms are fragrant, it attract butterflies and tolerates deer. Utilize Dwarf Nikko Deutzia groups in borders, foundations or open woodland areas.



Common Name: Bleeding Heart  
Scientific Name: *Dicentra spectabilis*

Bleeding Hearts get their name from the iconic heart shaped dangling blooms. An old-school shade-loving perennial providing early through late spring remarkable red blooms. *Dicentra* grows 3' tall by 3' wide spreading into large clumps. It prefers part to full shade, regular watering and humusy, well-drained soil. The leaves are compound to dissected on arching branches with the dangling blooms creating an overall round growth habit. Utilize for shade borders and as cut flowers. Plant with hostas, ferns, anemones and hellabore. It goes dormant by mid-summer.